

B O R O U G H O F A P P L E B Y

A N N U A L R E P O R T

O F T H E

M E D I C A L O F F I C E R O F H E A L T H.

F O R T H E Y E A R 1926.

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BOROUGH OF APPLEBY

To the Mayor, Aldermen and Councillors
of the Borough of Appleby.

Sir and Gentlemen,

I have the honour to submit for your information
my Annual Report on the health of your district for the year
1926.

After the more extensive Survey Report for the
year 1925, it again takes the form of an ordinary report as
defined in paragraph 3 of Circular 743 of the 30th December
1926, prepared on the lines laid down by the Ministry of
Health, and containing but a brief outline of the more
important phases of the work.

My thanks are due to the Medical Profession for
their valuable assistance in furthering the interests of
Public Health. Statutory notifications are with few
exceptions regularly complied with.

I have the honour to be,

Sir and Gentlemen,

Your obedient servant,

W. BARON COCKILL

Medical Officer of Health
Westmorland Combined Districts

March 8th 1927



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Annual Report of the Medical Officer of
Health for the year ending December 31st 1926

Area (acres)	1,877
Population (census 1921)	1,785
Population (estimated 1926)	1,557
Number of inhabited houses (census 1921)	431
Number of families or separate occupiers (census 1921)	432
Rateable value	£9,326
Sum represented by a Penny Rate	£38 17 0

Appleby is a market town serving the agricultural area around; it has no industries of its own, but there are a number of railway workers.

EXTRACTS FROM VITAL STATISTICS OF THE YEAR

	Males	Females	Total	
Births (legitimate)	5	6	13	Birth Rate 8.3
(illegitimate)	-	2		
Deaths	9	9	18	Death Rate 11.6
Number of women dying in, or in consequence of childbirth:-				
From Sepsis	Nil	Other causes	Nil	
Death rate of infants under 1 year of age per 1,000 births:-				
Legitimate	Nil	Illegitimate	Nil	Total Nil
Death from Measles (all ages)	Nil			
Deaths from Whooping-cough (all ages)	Nil			
Deaths from Diarrhoea (under 2 years)	Nil			

There has been no unusual or excessive mortality during the year, nor has there been any specially noteworthy cause of sickness or invalidity in the district.

GENERAL PROVISION OF HEALTH SERVICES IN THE AREA

<u>Hospital</u>	<u>Situation</u>	<u>Accommodation</u>
Tuberculosis	Meathop Sanatorium, Grange-over-Sands	150 beds
Maternity	Westmorland County Hospital, Kendal	6 beds
Children	Nil	
Fever	Ormside, Nr Appleby	36 beds
Small-pox	Woodside, Nr Kendal	50 beds
Ethel Hedley Hospital School (Orthopaedic)	Calgarth, Windermere	30 beds
Venereal Disease	North Lonsdale Hospital Barrow-in-Furness	--

The Westmorland County Hospital, Kendal, contains 54 beds available for all non-infectious, medical and surgical cases, and a Maternity Ward of 6 beds. It is supported by voluntary contributions.

Institutional Provision for unmarried mothers etc:-

St. Monica's Maternity Home, Kendal, under the control of the Carlisle Diocesan Maternity Committee.

Ambulance Facilities:-

- | | |
|--------------------------|--|
| (a) Infectious cases | A motor ambulance the property of the Ormside Joint Hospital Board. |
| (b) Non-infectious cases | Motor ambulance under the control of the Penrith District Joint Ambulance Committee. |

Clinics and Treatment Centres:-

- | | |
|------------------------------------|---|
| Tuberculosis Dispensary at Appleby | Accommodation provided by the County Council. |
| Travelling School Dental Clinic | Waiting room and Consulting room. |
| Orthopaedic Clinic at Penrith | |

S T A F F

Name	Quali- fications	Office	Whole or Part Time	Other offices	Salary con- tributed under P.H.A. or Exchequer Grants
W.B. Cockill	M.D. &c D.P.H.	M.O.H.	Part	M.O.H. Westmor- land Combined Districts	Yes
F.T. Balmer	----	Sanitary Inspector	Part	Survoyor	Yes

Professional Nursing in the Home:-

(a) General District Nursing Association

(b) Infectious Diseases
e.g. Measles etc. District Nursing Association

District Nursing Associations are voluntary organisations receiving grants from the County Council.

Midwives:- No subsidy is paid to the one practising midwife.

Chemical Work:- Is under the administration of the County Council.

Legislation in Force:-

	<u>Adopted</u>
Parts 11 and 111 Public Health Acts (amendment) Act 1890.	1895
Byelaws	
Cleansing of footways &c	1875
Removal of House Refuse	1875
Cleansing of Privies	1875
Keeping of animals	1875
New Streets and Buildings	1875, 1902 & 1925.
Common Lodging-Houses	1875
Slaughter-houses	1875
Drainage of existing buildings	1877

SANITARY CIRCUMSTANCES OF THE AREA

WATER - Pure abundant, constant, by gravitation from Bank Wood. Water has been laid on to nine houses in course of erection and to Esplanade House, in the East Westmorland area.

RIVERS and STREAMS - No complaints of pollution have been received.

DRAINAGE and SEWERAGE - Ample and sufficient for the districts. A section of the ground at the outfall works has been under-drained with beneficial results. New drains have been laid to six houses under construction at Thanet Terrace, one in Colby Lane, two at Drawbridge and one in course of re-construction.

Closet Accommodation -

Water Closets	425
Privies	40
Pail closets	2

Total	467

One conversion of privy into water closet took place during the year

SCAVENGING - The house refuse is moved weekly from 320 houses and deposited on site situated on Fair Hill and covered with suitable material.

Eighteen privy ashpits are cleansed once every three months by arrangements with the Local Authority.

Sanitary Inspection of the Area.

The area is periodically inspected and the following defects were discovered:-

Defective/

reasonably fit for human habitation.	17
2. Remedy of defects without service of formal Notices.	17
Number of defective dwelling houses rendered fit in consequence of informal action by the Local Authority or their officers.	-
Action under Statutory Powers	Nil

Inspection and Supervision of Food

MILK - The milk supply is wholesome in quality and sufficient in quantity. The premises are good and kept in a clean condition. No action has been necessary with regard to tuberculous milk, and no licenses have been granted for the sale of milk under Special Designations Order.

MEAT - The bulk of the meat is hawked from door to door, in enclosed motor vehicles. The stalls in the market, which is open on Saturdays only, are clean.

Prevalence of, and Control over, Infectious Disease

Seven cases of Scarlet Fever were notified, in one of which the infection was contracted outside the area. There were no "Return" cases.

Diphtheria antitoxin is issued free for the treatment of all necessitous cases, excepting patients under the National Health Insurance Acts, also for both necessitous and insured patients for prophylactic purposes.

One case of polio-myelitis occurred.

The notification of diseases under the Regulations of 7th January 1919 has not been of much value.

The Combined Districts of Westmorland have provided laboratories at Kendal, to which any practitioner may send specimens for examination.

Sputum is also examined at Meathop Sanatorium. The following have been done for Appleby:-

Diphtheria/

Diphtheria	7
Sputum	$\frac{1}{8}$

No use has been made of the Schick and Dick tests, nor have any vaccinations been performed by the Medical Officer of Health.

Close liaison with the School Medical Officer is maintained so that the fullest use of school notifications is made.

No facilities for disinfection are provided but this can always be arranged for, but no need for such has yet arisen. Disinfection is carried out after all cases of infectious disease

Notifiable Diseases 1926

Disease	Total	Years								Admitted to Hospital	Deaths
		1	3	4	5	10	15	35	45		
Scarlet Fever	7	-	1	-	2	1	1	2	-	7	-
Erysipelas	2	-	-	-	-	-	-	-	2	-	-
Pneumonia	2	2	-	-	-	-	-	-	-	-	-
Polio-myelitis	1	-	-	1	-	-	-	-	-	-	-

No case of Ophthalmia Neonatorum has arisen.

Tuberculosis

New cases					Deaths			
Age periods	Pulmonary		Non-pulmonary		Pulmonary		Non-pulmonary	
	M.	F.	M.	F.	M.	F.	M.	F.
20	-	1	-	-	-	-	-	-
45	-	-	1	-	-	-	1	-
Total	-	1	1	-	-	-	1	-

One death from Non-pulmonary tuberculosis was registered which had not previously been notified. Notification is invariably good. No action under the Public Health (Prevention of Tuberculosis) Regulations 1925 and Section 62 Public Health Act 1925 has been required.

The administration of Tuberculosis, Venereal Disease and Maternity and Child Welfare is under the supervision of the County Council.

Factories and Workshops

Inspections

Factories	14
Workshops	25
Workplaces	6

Total	45

No defects were discovered.

